



Iowa FCCLA Peer Education Required Projects 2020-2021

The Peer Education team will need to complete three projects. One of the three projects must be from this list of required projects. These projects must be completed by the due dates to receive a certificate of “Excellence” and a team pin.

Families First - Taylor Warner taylor@iowafccla.org

1. Create a social media campaign/challenge to inform and spread awareness about Human Trafficking (Advocacy STAR Event).
2. Covid Health/Positivity. Create a digital poster or a poster collage on how your peers can stay positive and healthy during quarantine with their family. Quarantine kids can create a journal on how they stayed healthy during quarantine and post it to share with their peers. Post on social media so quarantine kids can see it. Share a copy of your digital poster or take a picture of your poster to share your project. (National Programs in Action STAR Event)
3. Family Meal Challenge - 1 time a week for 1 month, create a Tasty-like video to share on social media to encourage your Peers to make the recipe with their family. Team members may also post the recipes on the school website, or write an article for the community paper. (Instructional Video Design STAR)

Student Body - Madison Sunderman madison@iowafccla.org

1. Invite a speaker to come to your school, whether it be in-person or via zoom, to talk about mental health, anxiety, depression or teen suicide.
2. Give a presentation or make a poster on the benefits of walking. Challenge yourself and others to track your steps through an Apple Watch, Fitbit, cell phone app or other device, (example Adidas Running App - Runtastic) these can be downloaded from the App Store and Google Play. Challenge as many FCCLA members and nonmembers to reach 10,000 steps a day.
3. Create posters and/or brochures about human trafficking. Research statistics on the topic to include on your posters.
4. Find your favorite recipes and see what you can swap to make it healthier. You can swap certain ingredients or sides for the recipe. Make a poster or PowerPoint with the recipe you choose and explain what changes you made to the recipe to make it healthier. You can also post pictures of the food item before, and the food item with the healthy changes. Share copies of your recipes, poster or PowerPoint with your Peers.



Iowa Family, Career and Community Leaders of America

Public Relations - Haley Kelley haley@iowafccla.org

1. Poster - Reach your fellow student body through eye catching posters to increase membership! Take a picture of your poster to send in with your project report.
2. Social Media - Create one or more social media accounts for your chapter. Work towards making consistent updates to let your community know what projects your chapter is working on.
3. Red Sand Project - Reach out to the Red Sand Project and have your student body participate. Then create a poster/presentation on the meaning and reason why you did the Red Sand Project over Human Trafficking. <https://redsandproject.org/>
4. Invite a guest speaker to speak in person or via Zoom, have them present information about Human Trafficking to the students at your school.
5. Newspaper - Have your Chapter highlight one special member a month and explain their accomplishments and goals in hopes to spread the word about FCCLA and the great things members are doing.

Financial Fitness - Mariam Bastawros mariam@iowafccla.org

1. Service Project - Research how human trafficking is a multi-billion dollar industry. Then research how donations to anti human trafficking organizations help dismantle the multi-billion dollar operation. Make Flyers and give a presentation to your chapter or FCS Class about your findings.
2. Earning - To gain experience with the stock market, use a stock market simulation (example...Best Brokers app). Get at least 3 friends to join you. Explain to your friends how to use the App. At the end of 1 month, survey the results, write an article or give a presentation about everyone's experience and share your advice or some recommendations you have by writing an article for the school/local newspaper.
3. Saving - Cook an imitation of your favorite meal from a restaurant.. Conduct a cost comparison analysis on the price of each meal listing pros and cons of each. Make a flyer/poster emphasizing the difference of the cost and present to your Peers or to a FCS Class
4. Protecting - Research information about the services that local banks offer. Make a flyer/poster sharing the information that you researched for each bank and hang the poster up around school for your Peers to read.

Project Due Dates

Project # 1	Friday, December 4, 2020
Project #2	Friday, January 22, 2021
Project #3	Friday, February 12, 2021